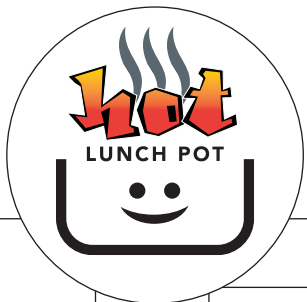


FABULOUS FOOD SERVED IN A SAFE ENVIRONMENT



SAFE DISTANCING



STRICT HYGIENE



STAFF PPE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	WHOLE SOME HOT POTS	Spiced Beef Chilli With Nachos and Vegetable Rice Chunky Vegetable and Lentil Chilli with Nachos and Salsa (v)	Vegetable Biryani with Chicken Tikka Masala served with Naan Bread Vegetable Biryani with Sweet Potato and Mushroom Coconut Curry (v)	BBQ Chicken Thighs served on Spiced Potato Wedges and Sweetcorn Spiced Vegetable Burrito with Spiced Potato Wedges and Sweetcorn (v)	Ginger and Honey Marinated Pork with Stir Fried Vegetables on Coconut Rice Pad Mee Noodles with Wok Fried Vegetables and Coconut Rice (v)	Fish and Chips with Peas or Beans Marinated Chicken and Chips with Chunky Salsa Vegetable Burger and Chips with Spiced Slaw (v)
	BRUNCH POTS	Roasted Vegetable and Red Pesto Pasta Loaded Jacket Potatoes with a Choice of Fillings (v) Sweet and Sour Vegetable Noodles (v)	Creamy Tomato and Basil Pasta Loaded Jacket Potatoes with a Choice of Fillings (v) Mushroom Stroganoff with Mixed Vegetable Rice (v)	Sweet Pepper and Oregano Pasta Loaded Jacket Potatoes with a Choice of Fillings (v) Thai Chicken Vegetable Noodles	Rich Pasta Bolognese with Fresh Basil Loaded Jacket Potatoes with a Choice of Fillings (v) Stuffed Quesadillas with Chicken and Sweet Peppers	Loaded Wedges with Spiced Beef and Cheese Three Cheese Baked Macaroni (v)
	TAPAS	Paprika Baked Sweet Potato Wedges (v) Glazed Corn on the Cob (v) Choice of Filled Paninis Garlic Dough Balls (v) Gun Powder Potatoes (v) Italian Bruschetta or Flatbreads with Various Toppings (Baba Ghanoush, Hummus and Kale, Feta, Spinach and Cherry Tomato etc) (v) Garlic Bread Slice (v) A choice of Hot Brunch Rolls, Baguettes, Bagels				

OUR BAKERS AND COOKS WILL BE PRODUCING OUR FRESH RANGE OF BAKED GOODS DAILY, AS WELL AS A HUGE CHOICE OF FRESH MADE SANDWICH PRODUCTS INCLUDING BAGUETTES, CIABATTAS AND BLOOMERS. WE WILL ALSO HAVE OUR RANGE OF COLD DELI PRE-POTTED SALADS, SHAKER POTS AND CHILLED DESSERTS FOR YOU TO ENJOY

ALLERGEN INFORMATION WILL BE AVAILABLE AT ALL SERVICE POINTS

WE ONLY USE



FRESH MEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK



LOCAL FRUIT & VEG

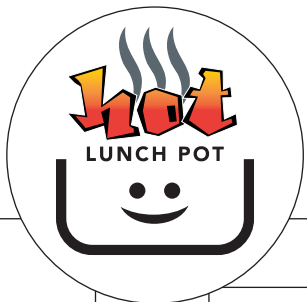


WHOLE MEAL PASTA

INDEPENDENTCATERING.CO.UK

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FABULOUS FOOD SERVED IN A SAFE ENVIRONMENT



SAFE DISTANCING



STRICT HYGIENE



STAFF PPE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2	WHOLE SOME HOT POTS	Bangers and Mash with Onion Gravy Vegetable Sausages with Mash and Onion Gravy (v)	Beef Rogan Josh with Vegetable Rice and Mini Naan Bread Chickpea and Sweet Potato Curry with Vegetable Rice and Mini Naan Bread (v)	Slow Roasted Pulled Pork with Herby Potatoes, Fresh Broccoli and Gravy Courgette and Mixed Bean Lasagne with Fresh Broccoli and Garlic Bread Slice (v)	Ultimate Chicken Fajita Wrap with Sweet Peppers, Rich Salsa and Mexican Rice Ultimate Butterbean and Sweet Pepper Fajita Wrap with Rich Salsa and Mexican Rice (v)	Fish and Chips with Peas or Beans Burger and Chips with Tomato Relish Falafel and Raita Wrap with Chips (v)
	BRUNCH POTS	Pasta Bolognese Loaded Jacket Potatoes with a Choice of Fillings (v) Chicken and Vegetable Stir Fried Noodles	Pasta Carbonara Loaded Jacket Potatoes with a Choice of Fillings (v) Pan Asian Vegetable Noodle Pots (v)	Spicy Arrabiata Pasta Loaded Jacket Potatoes with a Choice of Fillings (v) Sweet Potato and Pea Rissoto with Garlic Bread (v)	Cheesy Broccoli Pasta Bake Loaded Jacket Potatoes with a Choice of Fillings (v) Vegetable and Black Bean Noodles (v)	Mediterranean Vegetable Pasta Pot (v) Vegetable Dhal with Naan Bread (v)
	TAPAS	Paprika Baked Sweet Potato Wedges (v) Glazed Corn on the Cob (v) Choice of Filled Paninis Garlic Dough Balls (v) Gun Powder Potatoes (v) Italian Bruschetta or Flatbreads with Various Toppings (Baba Ghanoush, Hummus and Kale, Feta, Spinach and Cherry Tomato etc) (v) Garlic Bread Slice (v) A choice of Hot Brunch Rolls, Baguettes, Bagels				

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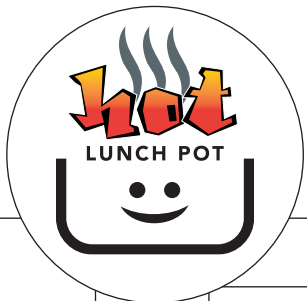


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STRICT HYGIENE



STAFF PPE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3	WHOLE SOME HOT POTS	Meatball Sub with Baked Potato Wedges Vegetable Empanadas with Baked Potato Wedges (v)	Katsu Chicken Curry with Wok Fried Vegetable and Basmati Rice Katsu Aubergine Curry with Wok Fried Vegetable (v)	Jerk Chicken with Paprika Sweet Potato Wedges and Corn on the Cob Sweet and Sour Vegetable Noodles (v)	BBQ Pork Ribs with Jambalaya Vegetable Rice Roasted Mediterranean Vegetable Paella (v)	Fish and Chips with Peas or Beans Marinated Chicken Wrap with Crunchy Salad and Chips Vegetable Burger and Chips with Spiced Slaw (v) Fish Finger Wrap with Chips and Tartar Sauce
	BRUNCH POTS	Pasta Caponata Loaded Jacket Potatoes with a Choice of Fillings (v) Sweet Chilli and Ginger Chicken with Stir Fried Rice (v)	Pesto and Pea Pasta with Cheese Loaded Jacket Potatoes with a Choice of Fillings (v) Beef Chilli and Nachos with Salsa	Spicy Chicken Pasta Loaded Jacket Potatoes with a Choice of Fillings (v) Szechuan Bok Choi and Aubergine with Egg Noodle	Pasta Bolognese with a Sprinkle of Cheese Loaded Jacket Potatoes with a Choice of Fillings (v) BBQ Pulled Pork in a Folded Flat Bread with Spicy Slaw	Three Cheese Baked Macaroni (v) Loaded Cheesy Topped Potato Skins
	TAPAS	Paprika Baked Sweet Potato Wedges (v) Glazed Corn on the Cob (v) Choice of Filled Paninis Garlic Dough Balls (v) Gun Powder Potatoes (v) Italian Bruschetta or Flatbreads with Various Toppings (Baba Ghanoush, Hummus and Kale, Feta, Spinach and Cherry Tomato etc) (v) Garlic Bread Slice (v) A choice of Hot Brunch Rolls, Baguettes, Bagels				

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